



TAN SRI DR LIM WEE CHAI'S TOP 100 QUOTES

Entrepreneurship & Philosophies

*“Positive thinking is the best self motivation.
It comes at zero cost.”*

**THE WISDOM BEHIND TOP GLOVE,
the world's largest manufacturer of gloves.**



Lunch with Customers, July 2022



Hokkien Association Dinner, August 2022



OCU President Dinner, March 2023



KLSCCCI Charity Golf, May 2023

TOP GLOVE TOWER



TAN SRI DR LIM WEE CHAI'S TOP 100 QUOTES , UPDATED AS OF **AUGUST 2023**



Courtyard by Marriott Setia Alam, December 2022

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1. HEALTH



Quote #1

TOP GLOVE 5 HEALTHY WELLS

How do we live and work happily and healthily until we are 120 years old?



1. CLEAN WELL

Brush your teeth and clean your tongue 3 times a day; shower 2 times a day.



2. EAT WELL

Have a healthy diet based on variety of vegetables, balance and moderation; drink about 8 glasses (2L) of water a day.



3. WORK WELL

Work smarter, faster and harder. Be proactive and Seng Mok (be alert). Have a positive mindset and be honest.



4. EXERCISE WELL

Exercise about 30 minutes a day, 4 to 5 times a week ; avoid being under or over stressed.



5. SLEEP WELL

Sleep 7 to 8 hours a night.

Research #2

THE ORIGIN OF LIFE

Earth remains the only place in the universe known to harbour life.

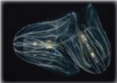
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Formation of the Earth
4.5 billion years ago
- 

Oceans formed
4.4 billion years ago
- 

First Sign of Life "Microorganism"
4.3 billion years ago
- 

"Viruses" formed
4 billion years ago
- 

"Bacteria" formed
3.5 billion years ago
- 

First Animal "Comb Jelly"
700 million years ago
- 

First Land Plant "Mosses/ Liverworts"
470 million years ago
- 

First Insect "Rhyniognatha"
400 million years ago
- 

Dinosaur
230 million years ago
- 

Human
2 million years ago

Quote #5

IMPORTANT FACTS OF LIFE & HEALTH

Health is an **invisible asset**.

Health enhancement is like **bank savings**.

Contracting disease is like **taking a bank loan**.

Serious illness can cause **bankruptcy**.

These are vital facts of life and health and should be taken seriously.

Do not ignore them, or it will be too late to regret!





**The Chinese Chamber of Commerce and Industry of
Kuala Lumpur & Selangor Charity Golf, Kuala Lumpur, 2023**

2. LIFE



Quote #12

How can we make **better decisions** by **communicating more effectively**?

We need to **listen more** and **obtain the right feedback and comments** from different people.

Unilateral decision making can be **damaging** when we do not understand the full extent of a situation.

We need **knowledge** and **wisdom** to make better decisions.

Research #4

TAN SRI LIM FATHER'S PRINCIPLES OF LIFE**1. Self Love and Discipline**

7

2. Keep Track and Record

6

3. Take Responsibility

5

4. Accumulate Good Deeds

4

5. Be Accountable and Trustworthy

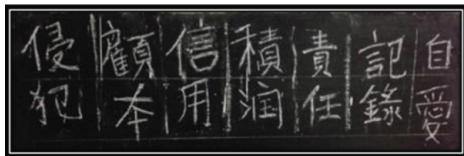
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6. Remember Your Roots and Base

2

7. Don't Attack or Provoke Other People

1



Quotes written back in Year 1981 at Tan Sri Lim and Father's old house at Titi, Jelevu, Malaysia.

Quote #13

History is important, but the
future is even more important.

We **cannot change history** but we can learn from the past,
so we are able to **plan ahead, improve and change our future.**

What we have now is the result of the past, but our **future** will
depend on **what we are doing now and tomorrow.**



Top Glove Factory, 1998



Top Glove Tower, 2023



www.topglove.com



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